


The Role Of Parents In Improving Self-Confidence Of Early Adolescents In Bahbutong Village 1

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Article Info	ABSTRACT
<p>Keywords: Role of Parents, Self- Confidence, Early Adolescence.</p>	<p>Teenager beginning is a transition period from children going to teenagers who usually occurs in the range age 10-13 years. In the phase this, child start experience Lots change physical, emotional, and social. Trust self be one of aspect study This. Trust self in adolescence currently built, so that the condition classified as low. In fact, trust self That required for teenager For to form identity positive self. And, one the influencing factors are support social parents in adolescents early. Research This use method study field, with do observation in a way direct precisely in the village Bahbutong I. Research This aiming For know How role of parents in increase trust self teenager the beginning that occurred in Bahbutong I Village for know connection between support parent social with trust self in adolescence beginning, role support parent social to trust self teenager beginning, and level trust self teenager beginning and level support parents' social. Research results This show that Parents own a very important role in help teenager beginning increase trust yourself. Here a number of role main thing that can done like Give Support Emotional, Recognizing and Appreciating Children's Potential, Giving Good Example (Role Model), Encourage Independence as well as Giving the Right Compliments.</p>
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INTRODUCTION

Teenager experience a number of changes. The changes experienced that is in the form of evaluation teenagers. Assessment teenager which has an impact on him alone because of parents teenager said. Assessment teenager early, actually is draft changing self. Draft the changing self This is the part that is not let go from identity self teenager beginning. Because the concept self changed, then identity yourself also changes. Teenagers beginning experience change identity then the one who is experienced by teenagers beginning is distrust self. Distrust self, can also in the form of trust low self. Distrust self caused by identity the changing self However tend negative. So from that, teenager beginning need own trust self which is a form identity positive self.

As for the problems that occur which show that trust low self- esteem in adolescents daughter early in one of the junior high schools in Bahbutong I Village. Research This is what was done (Indriyani, 2007) that trust low self esteem occurs in adolescents daughter the beginning of experiencing problem in change physical that has not been proportional so that

influence appearance they. The case that occurred moment This show that trust self happen variation in life especially in life experienced moment Adolescence, a time of change big currently happened. According to results a review conducted by the Reach Out Advistory Group Clinic on April 22, 2016, that estimated as much as half more than throughout adolescence, level trust low self esteem happen during the years beginning teenagers. Trust self individual is characteristic personality individual, where personality the obtained from experience life and interaction with other people.

Trust self individual That different Because influenced by the formation interaction or communication from the people around him including parents but No influenced from the genes of born. Trust self, also comes from from the root word from believe self. According to Bandura (Badami et al., 2012) sees trust self in a way specific from domain specific functions and as evaluation cognitive from various source information. Which includes evaluation cognitive that is experience, influence social, and information physiological. Trust self can cause evaluation to self Alone How judge taste, think as well as action from factor outside himself. In case assess taste, trust the lower self realized that is condition nervous, anxious, stressed, feeling No able, and Afraid happen matter No unexpected. In case thoughts, beliefs self realized through encouragement For achieve as well as know advantages and disadvantages self yourself. In case action, belief self come true can be held accountable on action / attitude someone. Feeling, thinking, acting from a experience, influence social as a evaluation cognitive by adolescents beginning.

Lack of feeling believe self and feelings of uncertainty self, can hinder interaction or communication with other people. Like Embarrassed appear in front of others, feel inferior, quiet, easy offended, attracted yourself, and even can cause teenager violating social norms. In dealing with crisis / low believe self this, from the initial data show that teenager beginning need support from his family especially his parents who will grow trust self. According to Monks, Knoers, and Haditomo (2002) that quality connection with parents hold role important. There is support and cooperative interaction / relationship between parents with children in adolescence will to form trust self teenager beginning.

In order to trust self teenager beginning can formed so through a support that comes from from parents teenagers. Or what is called with support parental social. Which in essence a individual need fulfil need psychological with other people. It is also important, a assumption / assessment teenager beginning towards parents. So that a teenager beginning For to form draft self that makes identity himself positive, then teenager beginning need get support social from the people around him. The support that is is support parent social.

According to Nowinski (in Retnowati, 2005) that support social is very useful in business increase price yourself and inspire confidence self as well as give belief yourself to someone. That may also help teenager beginning face disbelief and unbelief himself, namely with support emotional in the form of attention and empathy to himself. Besides that instrumental and informational support, as well as support award. So from that, support social parents given For child his teenage years that is in form emotional, instrumental, informational and reward.

RESEARCH METHODS

Research methods field is method with approach in research involving direct data collection from environment or relevant location with Topic study. Research very public field in knowledge social sciences, anthropology, sociology, and other fields that require observation or interaction direct with object or subject research. Research field aiming For collect primary data direct from environment study For understand current phenomenon investigated in a way contextual. The data obtained tend more realistic and descriptive the situation in the village said. Research This done with observation that is observe in a way direct situation or behavior subjects in the field. Also done with interview that is submit question open or closed in a way direct to subject research in Bah Butong Village 1.

RESULTS AND DISCUSSION

Relatedness between Support Parents Social with Self- Confidence in Early Adolescents

Adolescence is phase transition. Transition can interpreted as a transitional period or change. Transition phase This important for teenagers. Therefore that, in the phase This teenager experience Lots problem that is not Possible completed without help in the form of support from those closest to them. What teenagers experience is a necessary developments existence support of his parents. Support social, according to Baron & Byrne (2005), is comfort in a way physical and psychological support provided by friends or member family. Support social is existence feeling appreciated, loved, cared for and trusted by others, such as support emotional, support informative, instrumental support, and assessment that can beneficial for individual, because nature help or help individual For can solve the problem (Hartanti, 2002).

According to Jassar (2014), parents make environment House as a safe and pleasant environment, parents must also help child to learn / to know life and rules the game so that they can grow become a child who believes self and independent. Environment closest teenager in form support like parental treatment to child his teenage years will impact on the concept self close- knit teenagers the relation with trust self. Assessment from a treatment from each teenager beginning different. The treatment of parents is categorized support can in the form of a Parental acceptance and response. Parental response and parental acceptance of children will impact positive, then if child is at in environment limited will show draft a better self positive (Mangunsong, 2007). Because the concept self related close with trust self.

According to Hakim (2002), the factors that influence trust self, one of them is factor environment family. Family is environment life first and foremost in determine Good the bad personality a person. Education is applied in environment his family will influence trust self in individuals. Ways of education negative family or bad will cause symptoms of tastelessness believe self to the individual, on the contrary method good education will cause trust self in individuals. According to Nowinski (in Retnowati, 2005) that support social is very useful in business increase price yourself and inspire confidence yourself and give belief yourself to someone. Monks, et al (2002) also explain that quality connection with parents hold role

important. Support factors from environment family that comes from from parents is very important factor fundamental for building trust self. Parents who show love affection, attention, acceptance, as well as stickiness sincere emotional in children will build trust self child the.

The Role of Parents in Improving Confidence

Following a number of role of parents in increase trust self teenager beginning in Bahbutong Village :

Direct Role

1. Develop communication effective, discuss open and honest about feelings, desires, and worries teenager.
2. Give support emotional, showing love love, appreciation, and acceptance without condition.
3. Develop ability, drive teenager develop talents and interests.
4. Teach independence, helping teenager take decision and responsibility answer.
5. Become example positive, indicating behavior positive and values Good.

Indirect Role

- a. Arrange conducive environment, creating atmosphere a comfortable and supportive home.
- b. Develop activity positive, encouraging teenager participate in activity social, sports, or art.
- c. Connect with community, introducing teenager with a supportive and positive community.
- d. Access source power, help teenager access source Power education and training.
- e. Supervise development, monitoring development teenagers and give bait come back constructive.

Challenges and Solutions

- a. Limitations time, set time effective For interact with teenager.
- b. Limitations knowledge, seeking information about development trust self teenager.
- c. Difficulty communication, using effective language and listening active.
- d. Pressure social, helping teenager develop ability face pressure social.
- e. Limitations source power, search alternative source available power.

From the results the show that There is connection very significant positive between support parent social to trust yourself. That means the more tall / big support social parents accepted by teenagers beginning, then the more tall trust self owned teenager beginning. On the contrary, the more low support social parents accepted by teenagers beginning, then the more low trust self that is owned. With Thus, the hypothesis proposed by the researcher can accepted and supported parent social can used as variable free For measure trust self.

Monks, et al (2002) that quality connection with parents hold role important. There is support and cooperative interaction / relationship between parents with children in adolescence will to form as well as increase trust self in adolescence beginning. According to Nowinski (in Retnowati, 2005) that support social is very useful in business increase price yourself and inspire confidence yourself and give belief oneself to someone. Also according

to what was expressed by Santrock (2005) that source important influential towards trust self teenager that is First, support social related with parents and secondly, support social related with Friend same age.

Although support parent social own contribution of 34.81%, will but results study This show that support parent social influence trust self in adolescence early. Research results show that trust self and support social parents owned by the subject classified as high. There is more of the 60% of subjects who have observed that trust self subject, in general high. Can known that teenager the beginning of SMP X has positive assessment to the environment he faces including inside it namely parents.

Evaluation the Then developed an individual who is affected by a interaction in the family (parents). Assessment can realized into two, namely only evaluation That alone and can in the form of attitude. Attitude individual who always have a view good and/ or look at something, not in a way subjective is one of two aspect trust self (Lauster, 2002).

CONCLUSION

Based on from results research and discussion above, can taken conclusion, namely : (1) There is connection very significant positive between support parent social with trust self in adolescence beginning same age School Intermediate First. The more tall support parent social so the more tall trust self in adolescence beginning. The more low support parent social so the more low trust self in adolescence beginning ; (2) Contribution or donation effective variable support parent social to trust self by 34.81%; (3) Support parent social from subject study classified as high ; (4) Trust self subject study classified as high. Here a number of role of parents in increase trust self teenager the beginning in Bahbutong Village I : Develop communication effective, discuss open and honest about feelings, desires, and worries teenager. Give support emotional, showing love love, appreciation, and acceptance without condition. Develop ability, drive teenager develop talents and interests. Teach independence, helping teenager take decision and responsibility answer. Become example positive, indicating behavior positive and values Good.

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