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# Literature Review : Relationship Between Moyamoya Disease And Cerebral Iscemic Incidents

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Article Info	ABSTRACT
Keywords:	Moyamoya disease is a rare progressive cerebrovascular disorder
Moyamoya disease,	characterized by blockage of arteries at the base of the brain, causing
stroke,	ischemic and hemorrhagic strokes. This condition is most common in
revascularization.	children and adults in Asia, with the main symptoms being transient
	ischemic attacks (TIAs) or strokes. This study used a literature review
	method by collecting data from various medical journals related to the
	diagnosis and management of Moyamoya. Diagnosis is generally made
	through MRI, MRA, and DSA, with DSA being the best method to
	identify arterial stenosis and collateral formation. The results showed
	that treatment included medical therapy with aspirin and surgical
	revascularization procedures to improve cerebral blood flow, where
	direct revascularization provides faster results although technically more
	difficult. Early diagnosis and surgical intervention are essential to prevent
	disease progression.
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#### **INTRODUCTION**

Moyamoya disease (MMD) is one of the disease rare marked with constriction progressive chronic in the arteries main the brain, especially artery distal internal carotid artery (ICA), anterior cerebral artery (ACA), and middle cerebral artery (MCA). Diseases This first described in 1957 by Takeuchi and Shimizu, who discovered bilateral hypoplasia of the arteries carotid interna. Incident disease This more common in East Asia, such as Japan and South Korea, where the incidence of MMD is higher often found in women than men. Globally, although cases in North America are relatively low, trend improvement has observed in a number of year Lastly. Interestingly, MMD often shows distribution bimodal age, with peak first at age about 5 years and peak second at age about 40 years.

In general clinical, patient with MMD usually come with associated symptoms with ischemia cerebral, such as attack ischemic temporary (TIA) or infarction cerebral. In children, seizures often become symptom early signs leading to diagnosis, while in adults, bleeding intracranial more often become presentation beginning, marked with decline sudden awareness. Occlusion vessels progressive blood loss in MMD causes hypoperfusion brain, which triggers incident ischemic. Therefore that, one of focus main study about MMD is understand How disease This related with risks and mechanisms the occurrence ischemia cerebral.



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Temporary The etiology of MMD is not yet known. fully understood, some study show existence influence significant genetics, especially involvement chromosomes. In addition to the factors genetics, inflammatory processes are also suspected play a role in worsening of vascular stenosis blood in MMD sufferers, which in turn increase risk ischemia cerebral. On the other hand, some study mention role important endothelial progenitor cells, which function in repair and regenerate layer vessels blood, but it seems disturbed in MMD patients. Involvement elements This highlight complexity disease this and bring up Lots question about underlying factors connection between MMD and events ischemic cerebral.

So, research This aiming For understand more in about connection between moyamoya disease and incidence ischemic cerebral. Research This will explore How factor genetics, especially involvement chromosome 17, plays a role in MMD development and its relation with ischemia cerebral. In addition, research this will also researching the possible influence of the inflammatory process to worsen constriction vessels blood, and role endothelial progenitor cells in guard health vessels blood in MMD patients. With Thus, research This expected can give outlook new about contributing factors to risk ischemia cerebral in MMD patients.

#### RESEARCH METHOD

Study This done with method *literature review* use design *narrative review*, where the data used is secondary data obtained from various source articles and journals scientific. The process of searching literature focused on articles that discuss connection between *moyamoya disease* and incidence ischemic cerebral. Some of the main databases used in search literature is *Clinical Key*, Google Scholar, Gale, and *NCBI*. Keywords used in search covering *moyamoya disease*, *ischemic cerebral disease*, *risk factors of moyamoya disease*, *and diagnosis and treatment of moyamoya disease*. With using keywords this, it is expected can found relevant and up-to- date literature For support objective study.

In filtering references, criteria inclusion set including among others published references in period 2018 to 2023. Articles only research originating from from journal national, journal international, *Clinical Key, NCBI*, and citation lecturers used. In addition, the literature included to in study This must in a way special discuss about *moyamoya disease* and its relation with incident ischemic cerebral, for ensure that topics discussed in accordance with focus study.

On the contrary, the criteria exclusion covers journal that is not available in form *full text* or not can accessed in a way full. This is done so that the literature used in study can studied in a way deep and comprehensive, without There is limitation access that can be hinder the analysis process. With existence criteria inclusion and exclusion this, research can more directed and focused on quality sources tall as well as relevant with topics studied.

Stages search literature involves a search process beginning with the keywords that have been determined, followed with filtering reference based on criteria inclusion and exclusion. Articles that meet the condition Then under review in a way deep For analyzed and synthesized in frame reach objective research. This flow ensure that only articles that meet the requirements standard academic and relevance topics used in study This.



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### **RESULTS AND DISCUSSION**

#### Research Results

No.	Journal (Year)	Title	Method	Writer	Results	Conclusion
	rise)					
1.	Journal of Child Neurology (2017)	Moyamoya Disease in Children: Results From the International Pediatric Stroke Study	Descriptive research	Sarah Lee, Michael J. Rivkin, Adam Kirton, Gabrielle deVeber, Jorina Elbers	A total of 173 children of 14 countries suffering moyamoya disease, or about 8% of the total 2,133 children with ischemic stroke in the International Pediatric Stroke Study (IPSS). The majority of strokes involved part circulation anterior (82%), and circulation anteroroposterior (13%). Symptoms obtained such as hemiparesis is the most common symptoms appeared in 137 patients (79%), difficult speaking to 85 patients (49%), sick headache in 82 patients (47%) and seizures in 53 patients (30%). Stroke recurrence occurred at least once in 35/173 patients (20%).	This study provide important data about events and descriptions moyamoya disease in samples international children who suffer from stroke. Incident stroke recurrence is at least 20%, almost half from they experience relapse many times.
2.	Journal of Stroke and Cerebrovascular Diseases (2020)	The disease presentation of Moyamoya	Cross- sectional	Shambaditya Das, Souvik Dubey, Mrinal Acharya, Ritwik Ghosh, Subhankar Chatterjee,	Of the total 76 patients with an angiographic diagnosis of Moyamoya Angiopathy (MMA), 36 (47.4%) were patient	Moyamoya is common causes of stroke neglected at age young. Research India's largest revealed that



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angiopathy in Eastern India Avijit Hazra, Durjoy Lahiri, Samya Segupta, Subham Chatterjee, Goutam Das, Niladri Sarkar, Biman Kanti Ray, Markus Kraemer

children and 40 (52.6%) were patient adults. In addition, 4/36 (11.11%) were patient child with MMS and 10/40 (25%) were patient mature with MMS. There is no history family with MMA among 76 patients. first in children is 1-11 years, in adults age 12-60 years. Weakness motor settled (FMW) to be the most common symptoms complained (68.5%), as symptom main until at the time of final diagnosis, followed by seizures (31.5%) which became more symptoms general appear in children, and symptoms neurological repetitive such as ischemic stroke, TIA, and hemorrhagic stroke. Correlation positive found between Suzuki stadium and delay in the diagnosis indicating that the diagnosis was delayed cause symptom more disease severe and

worse prognosis bad.

MMA can also have diverse non- motor symptoms others. Therefore that, introduction early is challenge for doctor Because symptom the beginning that is not specific become challenge in diagnosis.



3.	Journal of Stroke	Moyamoya	Retrospective	Unda SR, Antoniazzi	In two years study	Distribution presentation
	and	Disease and	cohort	AM, Miller R, Klyde D,	consecutively (2016 & 2017)	neurological clinical features
	Cerebrovascular	Syndrome: A		Javed K, Fluss R,	from the <i>National Inpatient</i>	in MMD and MMS are
	Diseases (2021)	National Inpatient		Holland R, De la Garza	Sample database, research	similar, but MMD patients
		Study of Ischemic		Ramos R, Haranhalli N,	This find that there are 2,323	have it level higher incidence
		Stroke Predictors		Altschul DJ	patients take care stay with a	of stroke tall compared to
					diagnosis of Moyamoya, with	with MMS.
					1655 (71.2%) being	
					Moyamoya Disease (MMD) and	
					668 (28.8%) patients	
					Moyamoya Syndrome (MMS).	
					The most common condition	
					found on MMS is anemia cell	
					disease sickle cell (559,	
					83.7%), neurofibromatosis	
					type 1 (27, 4%), Down	
					syndrome (74, 11.1%) and	
					therapy radiation cranial (13,	
					1.9%). Among moyamoya	
					spectrum, MMD patients were	
					found own higher rates of	
					ischemic stroke, hemorrhagic	
					stroke and TIA tall compared to	
					with MMS patients. However,	
					stroke subtypes were similar in	
					both cohort where ischemic	
					stroke is the largest. In	
					addition, the factor the risk of	
					ischemic stroke in MMD is also	



					increased along increase age, lipidemia and smoking status, whereas on MMS hypertension is the only one factor risk independent of ischemic stroke.	
4.	Journal of Neurology (2024)	Moyamoya disease in Southeast Asians: genetic and autopsy data, new cases, systematic review, and meta -analysis of all patients from the literature	Retrospective analysis and systematic review	Daniel Strunk, Peter Bauer, Kathy Keyvani, Rolf R. Diehl, Roland Veltkamp, Peter Berlit, Sven G. Meuth, Lars Timmermann, Jan Claudius Schwitalla, Markus Kraemer	The results of the analysis of 32 Southeast Asian patients with MMD found 3 patients among them originate from Indonesia. MMD more Lots occurs in women compared to man with ratio 1.6: 1. Average age 20-40 years, ischemic cerebral become better conditions often happened, and not obtained patients who have inspection genetics positive For p.R4810K variant of the RNF213 gene. In the results autopsy 1 patient postportem is also obtained description MMD histology with thickening layered on laminate internal elastic and fibrocellular, proliferation cell smooth muscle of the intima, fibrin deposits in the wall vessels blood and	The clinical and histopathological manifestations of MMD in Southeast Asia are similar to those in Caucasians. in Europe. The MMD genotype in Southeast Asia is different from most patients in East Asia.



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					degeneration tunica media. In	
					addition, study This state that	
					demographics and	
					presentation MMD clinical in	
					Southeast Asia is not different	
					with description disease in the	
					Caucasus Europe.	
5.	Cureus Journal of Medical Science (2020)	Moyamoya : An Update and Review	Clinical Research	Berry JA, Cortez V, Toor H, Saini H, Siddiqi J	Findings histologically in MMD obtained progressive stenosis condition with an internal elastic lamina that is not regular, narrowing of the lumen, hyperplasia tunica media, intimal thickening, and degeneration vacuolar in cells smooth muscle in the tunica media. Progressive stenosis cause decline perfusion to parenchyma brain and causes ischemic and compensation vascular with develop circulation collateral (angiogenesis), blood vessels more blood small start enlarged, and hypertrophied become more seen on examination <i>Diagnostic Cerebral Angiogram</i> (DCA). In	MMD is disease chronic and progressive with Handling surgery that must be done under consideration for patient symptomatic For repair flow hemodynamics to the area that is physiological not enough perfusion, especially in the ICA, proximal MCA, and proximal ACA regions parenchyma brain. In patients children, early diagnosis and intervention surgery required For prevent infarction cerebrovascular irreversible.
					addition, the incidence of	



					ischemic stroke more Lots happens to children compared to hemorrhagic stroke.	
6.	Journal of Neurology (2022)	The angiographic presentation of European Moyamoya angiopathy	Descriptive study	Sara Pilgram-Pastor, Rene Chapot, Markus, Kraemer	Study This state that at the stage of the Suzuki stadium which is more high (IV-VI) bleeding intracranial more often happen compared to the Suzuki stadium which is more low (I-III). Data in the United States in children found 54% with Suzuki I-III and 46% with Suzuki IV-VI while in Korea, the disease This appear For diagnosed at the stage Early Suzuki disease, 72% were diagnosed at stages I-III and 28% at stages IV-VI. This can relate with data in Japan and Korea that children more Lots affected by TIA and ischemic stroke and in adults at risk more tall experience bleeding intracranial.	Study observational the biggest about angiography in Caucasian, European MMA patients compared to with Asian data shows similarity clinical in both.
7.	Stroke (2020)	Modifiable Risk Factors Associated With Moyamoya Disease	Case Control Study	Peicong Ge, Qian Zhang, Xun Ye, Xingju Liu, Xiaofeng Deng, Jia Wang, Rong Wang,	Based on results studies prospective with 138 MMD patients and 138 patients Healthy as control obtained that factor risk like	Improvement index mass body and homocysteine associated with higher risk of MMD high. On the other hand, increased albumin and



				Yan Zhang, Dong	improvement body mass index	high-density lipoprotein
				Zhang, Jizong Zhao	(BMI) and hyperhomocysteine	cholesterol tall correlated
					can increase risk MMD events.	with higher risk of MMD low.
					On the other hand, HDL levels	Next increase homocysteine
					are high and albumin is low	associated with higher
					can lower MMD risk. MMD	prevalence of unilateral
					patients with history	MMD high. Attention more
					hypertension (44 patients,	need given at risk that can
					31.8%) was found more Lots	modified, because matter
					compared to group control (9	This can help We find
					people, 6.6%). Research it also states that rare RNF213	causes, prevention events and knowing therapy new.
					mutation detected in ±40% of	and knowing therapy new.
					MMD patients in China, and	
					there are connection between	
					RNF213 mutation with	
					disorders of fat metabolism.	
8.	Molecular	Moyamoya disease	Systematic	Caroline Asselman,	In 2011, two studies	Addition study required For
	Medicine (2022)	is emerging as an	review	Dimitri Hemelsoet,	independent in Japan Finally	more explain connection
		immune-related		Denzel Eggermont,	identify	between RNF213, infection,
		angiopathy		Bart Dermaut, and	RNF213 as the MMD gene on	immunity, and arterial
				Francis Impens	17q25.3 which is also known	stenosis progressive on
					as mysterin. In both study	MMD. With method this,
					mentioned, the p.(R4810K)	MMD can become evaluation
					variant of RNF213 was found	For see response vascular
					dramatically increase MMD risk	related immunity and the
					is higher than 100 times.	fundamental processes that
					Although Thus, the numbers	connect immunity mobile
					risk and frequency a very big	with disease vascular.



					career the only ~0.5% of	
					carrier heterozygotes	
					p.(R4810K) develop MMD,	
					where matter This show very	
					low penetrance. In contrast,	
					homozygous RNF213	
					p.(R4810K) carriers own >78%	
					chance for developing MMD,	
					which also clinical more severe.	
					Other results in the study This	
					get that RNF213 was found as	
					an important modulator in	
					lipotoxicity.	
9.	Journal of	Absence of the	Retrospective	Shoko Hara, Maki	From a total sample of 129	Absence RNF213 p.R4810K
٥.	Pediatric	RNF213 p.R4810K	•	Mukawa, Hiroyuki	patients with MMD, it is	variant is thought to be is a
	Neurosurgery	variant may	study	Akagawa, Thiparpa	obtained results >80% of them	new biomarker For
	(2022)	indicate a severe		Thamamongood,	own positive RNF 213 variant.	identification degrees
	(2022)	form of pediatric		Motoki Inaji, Yoji	Patient with RNF213 positive	moyamoya disease in
		moyamoya disease		Tanaka, Taketoshi	and homozygous own	children. With patient
		, ,		·		· •
		in Japanese		Maehara, Hidetoshi	tendency more clinical heavy	focused children, we found
		patients		Kasuya, and Tadashi	from heterozygous.	matter That No existence
				Nariai	Additionally, patients with	RNF213 p.R4810K variant
					RNF213 negative genotype	may be a new biomarker For
					p.R4810K has description	identification patient with
					more infarction small. Patient	disease critical presentation
					without The p.R4810K variant	clinical pediatric moyamoya
					has results good surgery	disease.
					compared to with patient with	



					Variants heterozygous (76.5% vs 92.2%).	
10.	StatPearls (2024)	Moyamoya Disease	Descriptive study	Rupareliya C, Lui F.	Aspirin with a dose of 50-100 mg is recommended in a way conventional has used between patient Moyamoya disease for prevent further strokes continued. Headache and seizures usually handled with treatment symptomatic use drug analgesics and antiepileptics. In addition, revascularization surgery is the only one treatment main for MMD with hemodynamics cerebral deterioration For repair flow blood cerebral and prevent further strokes carry on.	MMD is abnormality relatively neurological rare and important For remember that No There is treatment curative For Moyamoya disease. Early diagnosis moyamoya disease is accompanied by intervention proper surgery very much important Because therapy medical only act as prevention secondary and not stop development disease. Education patient about change style life is highly recommended.



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#### Discussion

#### Moyamoya Disease (MMD) and Moyamoya Syndrome (MMS)

Moyamoya Disease (MMD) is a abnormality cerebrovascular idiopathic chronic characterized by stenosis of the arteries around circle of Willis, which triggers formation vessels blood abnormal collaterals. In contrast, Moyamoya Syndrome (MMS) is condition secondary that occurs as response to pathology others. Research by Unda SR et al. (2021) on the National Inpatient Sample database showed 2,323 patients treated with a diagnosis of Moyamoya, of which 1,655 (71.2%) were MMD and 668 (28.8%) were MMS. MMS was the most frequent caused by red cell anemia sickle cell (83.7%), neurofibromatosis type 1, down syndrome, and therapy radiation cranial. Another study by Shambaditya Das et al. (2020) in India found Of the 76 Moyamoya angiopathy patients, 14 were MMS, with children and adults as sufferer, where the condition like thalassemia and atherosclerosis dominate.

Research by Sarah Lee et al. (2017) on data from 4,024 International Pediatric Stroke Study (IPSS) patients found 173 children suffering from moyamoya, about 8% of 2,133 children with ischemic stroke. Most of patient originate from the United States, Canada, and Europe, although moyamoya is more often found among Asian descent, especially Japan. Gonzalez Nestor et al. (2023) added that highest prevalence of moyamoya located in Asia, especially Japan, although the diagnosis in the United States has increased. Analysis The latest by Daniel Strunk (2024) shows No There is difference significant in demographics and presentation clinical between Southeast Asian and Caucasian patients Europe, showing global spread of disease This.

#### Moyamoya Disease (MMD) through Clinical and Genetic Features

Lots of research in 64 years final has reviewing MMD, but reason Certain Not yet known. Genetic factors, inflammation immunity, and some other factors are considered related with MMD. Research by Berry JA et al. (2020) explains that stenosis in MMD is caused by a mechanism besides atherosclerosis and inflammation. MMD histology shows progressive stenosis with an internal elastic lamina that is not regular, intimal thickening, and degeneration tunica media, causing decline perfusion brain. Postmortem studies by Daniel Strunk et al. strengthen findings This with show existence thickening of the elastic lamina and proliferation cell smooth muscle in the tunica intima. In addition, the formation of microaneurysm found, which explains height incident bleeding in adult MMD patients.

Study about endothelial progenitor cells (EPCs) show that MMD patients have more many EPCs in circulation compared to patient atherosclerotic. Abnormal activity of factors growth trigger proliferation cell smooth muscle and angiogenesis in MMD. Berry JA et al. stated that dysfunction cell former colony endothelial (ECFC) may play a role in MMD, with disturbance significant on ECFC mitochondria which affects consumption oxygen. Mutations in the RNF213 gene are now also thought to as factor genetics important. Zhang Qian et al. (2020) found that about 40% of MMD patients in China have RNF213 mutation variant p.R4810K, which is also associated with anomaly metabolic like obesity and dyslipidemia. Research by Shoko Hara et al. (2022) supports findings this, with more of 80% of MMD patients who are positive RNF213 variant, and showed that homozygous more critical compared to heterozygous. Mutation This



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found in a way significant increase MMD risk, although its penetration low, indicating the need factor addition For trigger disease.

Although reason definitely MMD not known, some factor risk known. In Asia, MMD is more common in Japan, Korea, and China. Women have more MMD incidents tall compared to man with ratio of 1.6:1, as seen in the study of Daniel Strunk et al. involving 11 MMD patients, of which 8 were women. RNF213 mutations associated with MMD found bother fat stabilization, indicating existence connection with fat metabolism. Research by Roy et al. shows that RNF213 is working as regulator integrity endothelium brain, where RNF213 depletion causes improvement permeability barrier blood-brain and increased secretion cytokines proinflammatory.

Risk factors that can modified for MMD including increased BMI and hyperhomocysteine, while high HDL levels and low albumin can lower MMD risk, according to Ge Pelcong's research et al. (2020). Hyperhomocysteinemia ( Hcy ) has long been recognized as factor risk of stroke and disease heart Coronary as well as found relate with improvement MMP-9 expression, which can play a role in pathogenesis of MMD.

### CONCLUSION

Moyamoya disease is abnormality cerebrovascular progressive rare marked with blockage artery at the base brain and its formation network collaterals that resemble "puffs of smoke". Condition This cause decline flow blood and increase risk of ischemic and hemorrhagic stroke. Moyamoya syndrome is often is complications from other diseases such as Down syndrome and disease cell sickle. Incident highest Moyamoya disease occurs in Asia, especially in Japan, and is more often attack Woman as well as children aged 5–9 years and adults age 30–50 years. In children, the symptoms are covering attack ischemic transient ischemic attack (TIA) or ischemic stroke, while adults often experienced a hemorrhagic stroke. For diagnosis, MRI and MRA are often used Because noninvasive, while DSA is considered as method imaging best (gold standard) for detect characteristics disease this. Treatment main covering use of aspirin for prevent stroke, as well as revascularization surgery For repair flow blood brain. Revascularization direct give results more fast, though more difficult done compared to method indirect. Early diagnosis and intervention proper surgery time is of the essence Because treatment medical only functioning as prevention secondary.

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