

Scope Of Health Services Elderly Ages Get Health Screening According To Standards By Gender, District And Puskesmas In Dharmasraya Regency In 2021

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ABSTRACT

Old age is a process of slowly disappearing the ability of tissues to repair and replace themselves and maintain their normal structure and function so that they cannot survive injury (including infection) and repair the damage suffered so that they cannot cope with the additional burden of stress (physical, psychological, socio, cultural economy), the importance of health service coverage will have an impact on the elderly in maintaining health status. This research method is a literature study with a secondary data approach. health center has reached 96,4% of this indicates that the role of health services in Dharmasraya district has provided optimal services for the elderly.

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1. INTRODUCTION

The Constitution of the World Health Organization in 1946 defined health as a state of complete physical, mental and social well-being, not merely the absence of disease (WHO, 2014). Healthy conditions are part of the rights of individuals and their realization is guaranteed by the state through the implementation of quality and affordable health development. In Indonesia, the state's efforts to protect the right to health for the population are enshrined in the 1945 Constitution of the Republic of Indonesia Article 28H paragraph (1) which states that everyone has the right to live in physical and spiritual prosperity, to have a place to live and to have a safe environment. good and healthy and have the right to health services.[1].

The increasing proportion of the elderly population (elderly) requires special attention and treatment in the implementation of development. Age 60 years and over is the final stage of the aging process which has an impact on three aspects, namely biological, economic, and social. Biologically, the elderly will experience a continuous aging process which is characterized by a decrease in physical endurance and is susceptible to disease. Economically, the elderly are generally seen as a burden rather than a resource. Socially, the life of the elderly is often perceived negatively, or does not provide much benefit to the family and society. The state needs to provide protection and empowerment to the elderly so that their existence is not a burden for development, but can participate actively and positively.

The state's effort in providing health protection for the elderly is to provide services, one of which is in the form of screening services, which aims to detect health problems in the elderly so that the elderly live healthy and productive lives biologically, socially and economically. Dharmasraya Regency is a regency resulting from the division of Sawahlunto/Sijunjung Regency, which was formed based on Law No. 38 of 2003 concerning the establishment of Dharmasraya Regency, South Solok Regency, and West Pasaman Regency. Dharmasraya is a developing district with a fairly serious population problem with a relatively high growth rate and uneven population distribution. The population is not only a capital for an area, but will also be a burden in development.

Community-based health efforts (UKBM) are a form of health service facility managed by the *Scope Of Health Services Elderly Ages Get Health Screening According To Standards By Gender, District And Puskesmas In Dharmasraya Regency In 2021. Candra Syah Putra, Dian Eka Putri*

community, several forms of UKBM known are Posyandu (Integrated Service Post), Polindes (Village Maternity Boarding School) and Nagari Siaga. The success of the UKBM implementation cannot be separated from the role of the community as implementers and recipients of health services. The Integrated Assistance Post (POSBINDU) is one of the UKBM that provides services to the community in the form of services for early detection of risk factors for non-communicable diseases.

2. METHOD

This research method is a literature study with a secondary data approach obtained from the profile of the health office in 2021. The sample in this study is the elderly who live in Dharmasraya Regency.

3. RESULTS AND DISCUSSION

Table 1. Screening Table of Health Services for the Elderly in Dharmasraya District

No	Districts	Public Health Center	Elderly Age (Years)								
			Amount			Get A Health Screen According To Standards					
			L	P	L+P	L	%	P	%	L+P	%
1	2	3	4	5	6	7	8	9	10	11	12
1	Sungai Rumbai	Sungai Rumbai	977	901	1,876	879	90.0	892	99.0	1,771	94.3
2	Koto Besar	Koto Besar	1,214	1,120	2,334	1,124	92.6	1,069	97.2	2,213	94.6
3	Asan Jujuhan	Sungai Limau	365	357	744	367	0.48	324	00.8	601	02.0
4	Koto Baru	Koto Baru	1,432	1,321	2,753	1,345	93.9	1,245	94.2	2,590	94.1
5	Koto Salak	Sitiung II	799	737	1,536	765	95.7	721	97.8	1,486	96.7
6	Tiumang	Tiumang	585	539	1,124	543	92.8	521	96.7	1,064	94.7
7	Padang Laweh	Padang Laweh	264	244	508	243	92.0	231	94.7	474	93.3
8	Sitiung	Sitiung I	696	633	1,329	677	97.3	624	98.5	1,301	97.9
		Gunung Medan	507	502	1,099	644	95.9	521	97.9	1,065	90.9
9	Timpeh	Timpeh	763	704	1,167	754	98.8	698	99.1	1,452	99.0
		Beringin Sakti	274	251	526	266	96.7	245	97.5	510	97.1
10	Pulau Punjung	Sungai Dareh	1,830	1,688	3,518	1,821	99.5	1,655	98.0	3,476	98.6
		Sialang	634	585	1,219	623	98.3	577	98.3	1,200	98.4
11	IX Koto	Silago	394	364	758	388	98.5	358	98.4	746	98.4
TOTAL (REGION/CITY)			10,816	5,976	20,792	10,336	95.6	9,701	97.2	20,039	96.4

Based on table 1 the total number of elderly in Dharmasraya Regency is 20792 elderly based on male and female gender categories, while the total number of health service outcomes for the elderly in the form of health screening is 20039 with an achievement category of 96.4%. This screening achievement is the biggest target in 5 years. Elderly health services are health efforts that are carried out alone or together in a forum and are preventive, promotive, curative and rehabilitative efforts for the elderly. Every Indonesian citizen aged 60 years and over gets a health screening according to the standard. Local/Regency/City Governments are required to provide health screening according to standards for citizens aged 60 years and over in the work area at least once in a year.

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The percentage of Usila's health coverage in Dharmasraya Regency in the last 5 years has increased, this achievement can be illustrated in 2017 the percentage of Usila's health coverage reached (80.6%) in 2018 it reached (74%) in 2019 (80.4%) in 2020 (94.2 %), in 2021 (96.4%) (Dharmasraya District Health Office, 2021). Usila's continued health service in 2021 is the highest in the last 5 years, in order to achieve the national target of 100%. This achievement was supported by a cadre of health cadres and accompanied by a team of assistants from Dharmasraya Regency.

One of the elements that play a role in accelerating health development is health workers who work in health service facilities in the community. There are 31 specialist doctors in Dharmasraya Regency with a ratio of 11.7/100,000 population, general practitioners are 69 people with a ratio of 26/100,000 population and the number of dentists is 22 people with a dentist ratio of 8.3/100,000 population, based on the distribution of puskesmas located in Dharmasraya Regency already has medical personnel, both doctors and dentists. The human resource improvement program aims to increase the availability and affordability of health resources as well as the effectiveness of their use. In 2021 the number of nurses is 422 people with a ratio of 158.7/100,000 population and the most placements are in the Sungai Dareh public hospital, while the number of midwives is 535 people with a ratio of 210. ,2 / 100,000 Population.

Improving health services for the elderly is also inseparable from the important role of health cadre cadres who are accompanied by special teams in their respective work areas, based on 2021 data the number of posyandu in 11 Districts of Dharmasraya Regency is 252 posyandu with active Posyandu classification (puri). * Total is 210 and the number of Posbindu is 175. In addition to Posyandu, Posbindu in Dharmasraya Regency is a community-based health effort in preventing and controlling infectious diseases through screening activities and community-based health services.

4. CONCLUSION

The total number of elderly in Dharmasraya Regency is 20792 elderly based on male and female sex categories. Health services for the elderly in the form of health screening are entirely in 20039 with an achievement category of 96.4%. The achievement of elderly health services is supported by medical and paramedical personnel as well as active health cadres. The total number of Community Health Centers in Dharmasraya Regency is 14, spread across 11 sub-districts. The number of posyandu in 11 sub-districts of Dharmasraya Regency is 252 posyandu with active Posyandu classification (puri)* totaling 210 and the number of posbindu totaling 175.

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