

# Pharmacoeconomic Literature Review: Antibiotics As A Cost-Effective Treatment Of Tyfoid Fever

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**ABSTRACT** 

Keywords: Cost-Effectiveness Analysis, ACER, Antibiotics, Typhoid Fever	Typhoid fever is a disease that we often encounter in people in Indonesia. With first-line treatment, namely antibiotics, to be precise, the chloramphenicol group. However, there are still many choices of antibiotic treatment therapy for typhoid fever such as cephalosporin, ampicillin, fluoroquinolone groups. With different groups, it is certain that they have different unit prices as well. This is what is done for inpatient typhoid fever patients by considering the cost-effectiveness side and desired therapeutic level. Effective cost can be determined through four categories. These four categories race against the results of ACER and ICER calculations.		
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#### 1. INTRODUCTION

ARTICLE INFO

Pharmacoeconomics is the study of the cost-effectiveness required in treating a disease. Because each patient has their own economic level, taking into account the availability of existing drugs and the higher effectiveness desired by the patient. Farmaeconomics has four characteristic assessments including cost minimization analysis (AMiB), cost-effectiveness analysis (AEB), cost utility analysis (AUB), cost-benefit analysis (AMB). However, the analyzes that are commonly used are cost minimization analysis (AMib) and cost-effectiveness analysis (AEB) because the interpretation results are easier to explain and use at every level of health facilities [5].

One of the diseases that needs to be studied pharmacoeconomics is typhoid fever. The definition of typhoid fever is a disease caused by the presence of Salmonella typhi bacteria through the feces or urine of flies sticking to food or drink. According to the Ministry of Health Number 364/MENKES/SK/V/2006, the targets to be infected by Salmonella typhi include the small intestine, spleen, and gallbladder. Which in turn, will release endotoxins as the body's response due to the presence of these bacteria, so that symptoms of fever will occur. Apart from fever, other symptoms experienced include discomfort in the digestive tract, enlarged liver, and excessive fatigue. With the emergence of clinical symptoms, it is more advisable for typhoid fever patients to undergo hospitalization.

This can be seen in the prevalence of typhoid fever hospitalization according to Indonesian health data for 2013 which ranks second with a total of approximately 81,116 (3.15%) people [6]. It was also strengthened according to WHO in 2013 typhoid fever was more common in endemic areas with a total of 75 – 80% cases [20]. Patients who experience typhoid fever the most are men, because most of them do activities outside the home more often than women [11]. In this treatment stage, antibiotics are the main drug to eliminate Salmonella typhi bacteria. Antibiotics have two mechanisms of action, namely, as a bactericidal or bacteriostatic. However, most of the antibiotics used are bactericidal or kill bacteria such as chloramphenicol,

It should be noted that the economic level in Indonesia is different. Therefore, in adjusting the use of antibiotics for typhoid fever one of the pharmacoeconomic analyzes is used, namely cost-effectiveness analysis (AEB). Before knowing AEB, first calculate the average cost - effectiveness ratio (ACER). From the results of ACER, it is possible to determine AEB through consideration of antibiotic



treatment therapy received by patients with costs incurred during hospitalization. Because the effectiveness of each drug has a different range in killing bacteria. When the results of the ACER and the effectiveness of the two drugs are balanced, it is necessary to calculate the incremental cost-effectiveness ratio (RIEB or ICER) to find out the price comparison if you want to change the treatment therapy [5].

From the background that has been presented, the author wants to analyze the cost-effectiveness of AEB related to typhoid fever. With the climate and conditions they face, they survive without thinking about whether the food or drink is free of bacteria or not. Likewise, looking at the economy and the poverty rate in Indonesia. Patients who are undergoing hospitalization have the right to get treatment with a good level of effectiveness and affordable costs.

#### 2. METHOD

The method used in compiling this journal review is a literature review with sources taken from <a href="https://scholar.google.com/">https://scholar.google.com/</a>and <a href="https://scholar.google.com/">https://schola

### 3. RESULTS AND DISCUSSION

The results that have been found from 11 journals, it can be observed that the most widely used antibiotic treatment therapy is the cephalosporin, fluoroquinolone, chloramphenicol, and penicillin classes. In addition, the majority of these antibiotics are bactericidal and have a broad spectrum. Broad spectrum means it can overcome gram negative bacteria and gram positive bacteria. However, because we are conducting a systematic review, we will discuss the reasons for pharmacological therapy and the factors considered in determining cost-effectiveness in typhoid fever.

Table 1. Data from the pharmacoeconomic literature review

Writer's name	Title	Antibiotics used and effectiveness of treatment (days or %)	ACER and ICER results	Information
(Jannah et	Cost	Ceftriaxone:	ACER:	Selection of antibiotics
al., 2019)	Effectiveness of	31.25 %	Ceftriaxone:	used cefixime. Because
	Using	Cefixime:	Rp. 61,796.06	the effectiveness of the
	Ceftriaxone and	35.71 %	Cefixime:	treatment was 35.71%
	Cefixime in		Rp. 60,781.97	and the ACER was
	Inpatient			lower.
	Typhoid Fever		ICER:	
	Patients at		IDR 53,676.45	
	Anutapura Public			
	Hospital Palu			
	2015-2017 Period			
(Rosyid et	Cost-	Cefotaxime:	ACER:	In this study, choosing
al., 2018)	Effectiveness	4.93 days	Cefotaxime:	the drug cefotaxime was
ai., 2016)		Ceftriaxone:	Rp. 298,810.00	due to the ability of the
	Treatment Using		Ceftriaxone:	majority of patients with
	Cefotaxim and	4.23 days	Rp. 314,973.00	a low ACER of IDR
	Ceftriaxone in		rtp. 31 1,773.00	298,810 and its
	Childhood		ICER:-	270,010 und 110





	Typhoid Fever Patients Hospitalized at Sultan Agung Islamic Hospital Semarang			effectiveness was slower for 4.93 days
(S Agatha et al., 2019)	Analysis of Cost Effectiveness in Pediatric Patients with Typhoid Fever at Bhayangkara Hospital Manado	Ceftriaxone: 4 days Cefotaxime: 5.6 days	ACER: Ceftriaxone: Rp. 526,609.00 Cefotaxim: Rp. 484,789.00  ICER: Rp. 340,582.00	Using the drug ceftriaxone with a faster treatment time, but the ACER is more expensive. If the patient wants to change treatment therapy from cefotaxime to ceftriaxone, an additional fee of Rp. 340,582.00
(Susono et al., 2014)	Cost Effectiveness AnalysisTreatme nt of Pediatric Typhoid Fever Patients Using Cefotaxime and Chloramphenicol at the Inpatient Installation of Prof. Dr. Margono.	Chlorampheni col: 4.86 days Cefotaxime: 4.43 days	ACER: Chloramphenic ol: IDR 299,098.00 Cefotaxime: Rp. 297,835.00 ICER: Rp. 312,104.00	This study used the drug Cefotaxime, which has a low ACER cost and high drug effectiveness.
(Magfirah, 2019)	Soekarjo Cost Effectiveness Analysis of Chloramphenicol and Ciprofloxacin in Typhoid Treatment at Datu Beru Hospital,	Chlorampheni col: 12.21 days Ciprofloxacin: 5.04 days	ACER: Chloramphenic ol: Rp. 14,297.81 Ciprofloxacin: Rp. 647,2 ICER: Rp. 3,884.6	The most cost effective use of the ciprofloxacin antibiotic with a shorter length of treatment and lower ACER.
(Lorensia et al., 2018)	Takengon City, Central Aceh Cost — Effectiveness AnalysisChloram phenicol and Ceftriaxone for the Treatment of Typhoid Fever in Adult Patients at Sanglah Hospital,	Chlorampheni col: 10.22 days Ceftriaxone: 4.27 days	ACER: Chloramphenic ol: Rp. 250,045.42 Ceftriaxone: Rp. 491,140.72 ICER:-	Ceftriaxone is considered more effective than chloramphenicol.  Because the level of effectiveness is higher than the use of chloramphenicol.





(Haluang et	Cost Analysis of
al., 2015)	Using
	Antibiotics in
	Children with
	Typhoid Fever in
	the Inpatient
	Installation of
	Prof. Dr. RD
	Kandou Manado
	Period January
	2013 – June 2014

~ .	
General	ACER:
Patient Status:	General Patient
Thiamfenicol:	Status:
4 days	Thiamfenicol:
Ceftriaxone:	Rp. 16,817.00
8.5 days	Ceftriaxone:
Cefixime: 5	Rp. 16016.00
days	Cefixime:
Chlorampheni	Rp. 24,546.00
col: 4 days	Chloramphenic
Ciprofloxacin:	ol: IDR 360.00
4 days	Ciprofloxacin:
Ceftriaxone -	IDR 872.00
Ampicillin-	Ceftriaxone -
Ciprofloxacin:	Ampicillin -
•	1
18 days	Ciprofloxacin:
Amoxicillin –	IDR 6261.00
Chlorampheni	Amoxicillin –
col: 8 days	Chloramphenic
•	ol: IDR 1841.00
JKN Patient	

Status:

*Ceftriaxone*:

Amoxycillin -

13 days

Cefixim:

days

Effective cost for the treatment of typhoid fever, namely chloramphenicol for general patient status and amoxycillin for patient status receiving JKN, with the lowest ACER value among the use of other antibiotics

Status.	JIXIN I attent
Thiamfenicol:	Status:
4.7 days	Thiamfenicol:
Ceftriaxone:	Rp. 4,996.00
5.8 days	Ceftriaxone:
Cefixime: 6.4	Rp. 7,821.00
days	Cefixime:
Chlorampheni	Rp. 12,962.00
<i>col</i> : 11 days	Chloramphenic
Amoxycillin: 5	ol: IDR 947.00
days	Amoxycillin:
Ceftriaxone -	IDR 762.00
Cefixime:7,4	Ceftriaxone -
days	Cefixime: IDR
Chlorampheni	7,892
col-Cefixime:	Chloramphenic
9.7 days	ol-Cefixime:
Cefixime –	IDR 5865.00
Thiamfenicol:	Cefixime –
6,5	Thiamfenicol:
Chlorampheni	IDR 20,969
col –	Chloramphenic

JKN

Patient

**ICER:-**

ol

*Ceftriaxone*:

IDR 5,355

Amoxycillin

**IDR** 

Cefixim:

5521.00





(Beatrix et al., 2018)	Analysis of Typhoid Fever Pediatric Treatment Using Cefixime and Cefotaxime at Pancaran Kasih General Hospital	Cefixime: 4.35 days Cefotaxime: 4.38 days	ACER: Cefixime: Rp. 585,497.00 Cefotaxime: Rp. 592,917.00 ICER: Rp. 1,668,767	Using the antibiotic cefixime because of its high effectiveness and low ACER results.
(Rosyid et al., 2017)	GMIM Manado Cost Effectiveness Analysis of Typhoid Fever Treatment in Children Using Chloramphenicol and Cefixime Antibiotics (Analytical Observational Study at Sultan Agung Islamic Hospital Semarang. Period January - December 2015.	col: 5 days Cefixime: 4.15 days Baitun Nisa Room 3: Chlorampheni col: 5.16 days	ACER: Baitun Room Nisa 2: Chloramphenic ol: Rp. 376,775.00 Cefixime: Rp. 513,032.00  Baitun Nisa Room 3: Chloramphenic ol: Rp. 296,980.00 Cefixime: Rp. 434,108.00	Using the antibiotic chloramphenicol, because the cost of the ACER is lower even though the effectiveness of the drug is low. However, on the one hand, there is no need to pay additional fees to change treatment therapy
(Tuloli, 2017)	Cost- effectiveness Analysis Ceftriax one and Cefotaxime Antibiotic Therapy in Typhoid Patients at RSUD Dr. M.M Dunda Limboto	Ceftriaxone: 2.8 days Cefotaxime: 3.7 days	ICER:- ACER: Ceftriaxone: Rp. 1,303,603 Cefotaxime: Rp. 1,090,814 ICER:-	This research decided to use ceftriaxone antibiotic considering its effectiveness and high ACER value.
(Nurmaina h et al., 2017)	Cost Effectiveness of Using Ampicillin and Cefotaxime in Pediatric Typhoid Fever Patients	Ampicillin: 38% Cefotaxime: 76%	ACER: Ampicillin: Rp. 26,290.00 Cefotaxim: Rp. 15,710.00  ICER: Rp. 5.3777,71	Using Cefotaxime because the effectiveness of the treatment is higher.

In the cost-effectiveness analysis (AEB), the average cost-effectiveness ratio (ACER) and incremental cost-effectiveness ratio (ICER) are needed. The ACER formula is influenced by the

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expenditure of funds needed during hospitalization divided by the effectiveness of drug therapy that has been prescribed in the form of percent or days. While the ICER is taken from the total cost of the two drugs compared divided by the therapeutic effectiveness of the two drugs used. The results from ACER and ICER will be presented in rupiah [4]. The following is the formula for ACER and ICER:

$$ACER = \frac{Biaya}{Efektivitas Terapi}$$

$$ICER = \frac{\Delta Total \ Biaya}{\Delta \ Efektivitas}$$

The biggest determining factor for AEB is the ACER calculation, because in the results there will be categories that need to calculate ICER or not. The ICER calculation aims to find out the cost comparison if the treatment therapy is replaced according to the effectiveness, the ability of the hospital, and the ability of the patient in terms of funds. There are four categories to determine, namely:

Table 2 Pharmacoeconomic group category in determining AFR

Table 2. I harmacocconomic group category in determining AEB			
Effectiveness – cost	Lower cost	Same cost	Higher costs
Lower effectiveness	A	В	C
	(ICER calculation		(dominated)
	required)		
Same effectiveness	D	E	F
Higher effectiveness	G	Н	I
_	(Dominant)		(ICER calculation required)

- 1. The ACER results of the two drugs obtained can be reviewed by considering high treatment effectiveness and the same expenditure (H) or the same treatment effectiveness, but lower expenditure (D), and higher treatment effectiveness with lower expenditure (G). If entered from one of the columns H, D, and G, there is no need to calculate the ICER. Because it is certain, including cost-effective analysis [5].
- 2. The ACER results of the two drugs obtained can be reviewed with consideration of lower effectiveness and the same expenditure (B), or the same drug effectiveness, but higher expenditure (F), and lower effectiveness, but higher expenditure (C) ). So, there is no need to assess it as an alternative because it is not considered as a cost-effective treatment for patients [5].
- 3. The ACER results of the two drugs obtained can be reviewed with the same considerations of effectiveness and cost (E). You can see other comparisons that can be chosen as the effectiveness of the treatment such as the ease of getting it, a better drug mechanism, according to management, and the availability of every level of existing health facilities [5].
- 4. The ACER results of the two drugs obtained can be reviewed with consideration of low effectiveness and cost (A) or high effectiveness and cost (I). Preferably, it is necessary to calculate the ICER first [5].

The AEB results that have been reviewed are included in columns G, C, A, and I. When columns G and C are compared, they prefer column G as their choice. Because the costs incurred are affordable, and the effectiveness of the treatment is fast. So that patients can save costs while undergoing hospitalization. Meanwhile, when A and I are compared, there is no ICER value.

In journals that get columns A and I, most of the journals that have been reviewed choose high effectiveness and high costs and vice versa. This is done by considering the condition of the patient and the hospital. When the availability of drugs is sufficient, the patient and the hospital agree. Thus, additional costs for drug procurement and therapy costs can be made. However, when the hospital agrees, but the patient is not willing because of limited funds, it can be discussed with the doctor and pharmacist.

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In addition, the class of antibiotics used in the journal is chloramphenicol. Chloramphenicol is one of the first lines of typhoid fever with its mechanism of action by forming peptide bonds during protein synthesis [16]. However, the side effects are dangerous for children, namely aplastic anemia and inhibition of the formation of red blood cells in the spinal cord (myelodepression) [2]. In addition, resistance to chloramphenicol can occur through the bacterial enzyme Salmonella typhii in the form of chloramphenicolacetyl – transferase [16].

The second antibiotic used was ciprofloxacin in the fluoroquinolone group. The mechanism of action is carried out by penetrating Salmonella typhii into the tissue by interfering with the formation of nucleic acids. However, just like chloramphenicol, ciprofloxacin is dangerous to give to children because it can cause damage to the joints and stunt the child's growth. However, it can still be used at this time with doses that have been adjusted by doctors and pharmacists for typhoid fever patients [12].

Furthermore, the third antibiotic, namely amoxicillin and ampicillin which is a penicillin group. This antibiotic works by blocking the formation of bacterial cell walls, so that Salmonella typhii bacteria will not experience growth. The penicillin group can also develop bacterial resistance through the  $\beta$  lactamase enzyme process which will eliminate the effectiveness of the antibiotic [16].

The latter, namely, cephalosporin class antibiotics such as ceftriaxone, cefixime, and cefotaxime. It has the same mechanism of action as the penicillin group. The cephalosporin group is the second line after chloramphenical for typhoid fever. Cephalosporins are also widely used because they have fairly good effectiveness, this can be seen in the results of Sunaryani et al., (2019). In the results of this study it is known that the protein that binds to cefotaxime is at least 36%. So that there are more and more free drugs in the body and can produce good treatment effectiveness.

So it can be seen that, cost-effectiveness analysis can use cephalosporins and fluoroquinolones. Because it has a fast level of effectiveness of treatment and costs that are still affordable. Although, the cephalosporin and fluoroquinolone groups are the second line of typhoid fever. However, it is unlikely that bacterial resistance will occur. And also, the side effects that occur in the cephalosporin class do not harm either the patient, especially for children.

#### 4. CONCLUSION

The conclusion from the pharmacoeconomic study conducted regarding the Cost-Effectiveness Analysis (AEB) on typhoid fever is not only prioritizing costs. However, the effectiveness of treatment, side effects, and the possibility of resistance to Salmonella typhii bacteria. That way, doctors and pharmacists can provide the best treatment for typhoid fever patients. In addition, using the ACER and ICER values according to the guidelines to consider the economic capacity of people who are being hospitalized for typhoid fever.

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